



# NEWSLETTER

*South East Local Learning and Employment Network*



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## Mental Health and Young People

*By Helen Rabot*

The onset of Stage 4 restrictions has proved to be an onerous challenge for all of us but especially for young people as they have returned to online learning. VCE and VCAL students are significantly impacted by this change.

Our three local government youth services, City of Casey, City of Greater Dandenong and Cardinia Shire, offer mental health support and counselling. The City of Casey has announced a return to face to face counselling as well as continued telehealth and video support. See link below.

[Mental Health Support & Counselling Support During COVID-19](#)

The City of Greater Dandenong Youth and Family Services are adapting to the COVID-19 pandemic. Some programs are being delivered online and others may temporarily be on hold. As restrictions change, the programs and opportunities on offer may also change. The team are also available via phone to provide support to young people (aged 12-25 years). You can contact Youth and Family Services on 9793 2155. See link here, [CGD Youth Services/Wellbeing](#)

The Cardinia Shire Youth Support Service offers short to medium term support to young people who live, work, study or recreate in the Cardinia Shire. The service is free and confidential and offers young people information, advice and practical support. The program is flexible, accessible to all young people. [Cardinia Shire Youth Support Services](#)



Structured Workplace Learning

## Industry Engagement

*Looking for workplace opportunities*

We understand the impact the recent pandemic has had on everyone, in business, education and life in general! Our concern here at SELLEN is for students who, having begun the year enthusiastically looking forward to connecting with employers, are now unable to complete any workplace component of their studies. For some this is a crucial opportunity to stay engaged in study and successfully complete their certificate, whilst gaining experience in the world of work.

For this reason we are asking if you can spare 5 minutes with your phone in hand to either provide a quick tour of your facilities or an explanation of your company, your position in the company and what career path you took to get there. SELLEN is hoping to develop a range of these types of resources free online for students to access.

Please email Lesley Hodge at [lhodge@sellen.org.au](mailto:lhodge@sellen.org.au) if you are interested and you will be provided with the link to add your video. Here are some suggestions below...

### SITE TOUR

1. Introduce yourself
2. Name of your business
3. Your role in the company
4. What is the core business of your company?
5. Show a number of work stations and explain what they are and what is the purpose

### PATHWAYS INTERVIEW

1. Introduce yourself
2. Name of your business
3. Your role in the company
4. What is your core business?
5. What does 'a day in the life' of your work look like?
6. What did your career pathway look like?
7. Would you have done anything differently?
8. What advice would you give to anyone interested in your industry?

### DELIVERY OF STRUCTURED WORKPLACE LEARNING, WORK EXPERIENCE AND EMPLOYMENT PLACEMENTS DURING TERM 3

**From 5 August 2020, all students** studying Victorian Certificate of Education (VCE) and Victorian Certificate of Applied Learning (VCAL) (including VET secondary school students) moved to remote and flexible learning, in all schools across the government, Catholic and independent sectors in both metropolitan and regional areas. This includes Year 10 students undertaking VET studies as part of the VCE or VCAL.



### CCF CIVIL SKILLS CADETSHIP PROGRAM

Hallam Secondary College in partnership with Civil Contractors Federation are offering a Civil Skills Cadetship Program. This cadetship offers...

- A practical program which leads directly to jobs in the civil construction industry
- An opportunity to learn from industry experts and mentor
- Practical hands-on training over 27 days
- Pathway to apprenticeships and fulltime employment in 2020

For more information and to register contact Keith Pimblett on **0415368626** or email **[keith.pimblett@bigpond.com.au](mailto:keith.pimblett@bigpond.com.au)**



\*TOGETHER  
weconnect  
engage  
andgrow



GREATER  
DANDENONG  
City of Opportunity

## LUNCH WITH THE WINNERS 2020

Every year it is our custom to partner with the City of Greater Dandenong and South East Business Networks to host Lunch with the Winners. Students from local secondary schools are invited to attend a catered lunch and listen to a panel of young people who have overcome challenges and achieved success. Local businesses sponsor tables and join students to share advice and information about business and workplaces.

Due to COVID-19 Lunch with the Winners will look very different in 2020. This year will be an online event with guest speakers, interactive activities and the showcasing of a successful local business.

## JOIN US FOR LUNCH WITH THE WINNERS

**Tuesday the 8th of September**

**Starting at 1.30 pm via Zoom**

To register your interest for students to attend Lunch with the Winners please email Helen at [hrobot@sellen.org.au](mailto:hrobot@sellen.org.au)

## A MESSAGE FROM THE CEO

Welcome to another edition of the SELLEN Newsletter, although we only do these every two weeks, it is amazing how much has changed since the last one.

I would like to start off with a shout out to all school principal's. August 7 was National Principal's Day, under 'normal' circumstances I would say it is recognition well deserved, but in the current times, it is deserved tenfold. Thank you for all that you are doing to engage your students, lead and support your staff and provide options to help parents and carers in these challenging times.

DET have recently taken the lead to defer all work experience and SWL placements for students residing or schooling in areas where Stage 4 restrictions are being enforced. This is a big, yet understandable step. That said, it will put pressure on students to meet any mandatory placement requirements later in the year, so we need the support of as many businesses as possible, if you are interested in hosting a student, please contact SELLEN directly.

Andrew Simmons  
SELLEN CEO



## NEW SELLEN RESOURCE

With our young people engaging with online content more than ever during COVID-19 we should remain mindful of the possible negative impacts this could bring in terms of internet safety. SELLEN has created a new resource, Internet Safety During COVID-19. This infographic provides information on seven reputable websites with useful information regarding online safety including videos such as 'Talking Online Safety for Teen'. This resource is can be accessed on the SELLEN website.

[CLICK HERE FOR A LINK TO THE SELLEN RESOURCE PAGE](#)